

Currently in the Coalition

Updates from the Tampa Bay Health & Medical Preparedness Coalition—May 2022

May is Mental Health Month!

After the last two years of pandemic living, many people are realizing that stress, isolation, and uncertainty have taken a toll on their well-being.

This year, the theme of MHA's 2022 Mental Health Month Toolkit is "Back to Basics." Our goal is to provide foundational knowledge about mental health & mental health conditions and information about what people can do if their mental health is a cause for concern.

What Plays a Role in Developing Mental Health Conditions?

Most mental health conditions don't have a single cause – they have many possible causes, called risk factors. The more risk factors you have, the more likely you are to develop a mental health condition in your lifetime. Mental health conditions can develop slowly, or symptoms can start to appear more suddenly after you've experienced a stressful event or big change.

Risk factors don't just affect who will and won't develop a mental health condition. They also impact the seriousness of symptoms and when those symptoms will show up. There are several risk factors, including:

- Social Determinants of Health
- Trauma
- Genetics
- Biology and Brain Chemistry
- Habits and Lifestyle



Recognizing When You Need Help with Your Mental Health

Think about your physical health. We all have days where we feel a bit sore, have a headache, or are extra tired. That doesn't necessarily mean you're sick. You're sick when something suddenly and significantly changes for the worse or prevents you from functioning properly.

Mental health is similar – the occasional bad day is to be expected, but when things that used to be easy become a lot more difficult, something's going on. Instead of focusing on physical symptoms, you'll want to look at your thoughts, feelings, and behaviors.

Read more [here](#).



Tampa Bay Health & Medical Preparedness Coalition

Citrus, Hardee, Hernando, Hillsborough, Manatee, Pasco, Pinellas, Polk & Sumter Counties

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Upcoming Coalition Meetings

Polk County ESF-8 Working Group:
May 5th

Pinellas CHAMP:
May 6th

Pasco County Health & Medical Preparedness Coalition:
May 9th

Hernando County ESF-8 Working Group:
May 12th

Hillsborough County Health Care Coalition:
May 19th

Citrus County ESF-8 Working Group:
May 25th

For more info on attending these meetings, please reach out to the County Chairperson. Contact info is available on [our website](#).

MAY IS MENTAL HEALTH MONTH

TIME TO GET



LEARN MORE
mhanational.org/may



Important Info & Updates

FDA Updates

- The [FDA set dates in June](#) for meetings on the Moderna and Pfizer applications for vaccines for young children. The dates set for their advisory committee are June 8th, 21st and 22nd. They also have June 7th set to review vaccine data from Novavax (a protein-based vaccine), and June 18th for the advisory committee to consider how best to update existing vaccines.
- On April 25th, [the FDA approved Veklury \(remdesivir\)](#) as the first COVID-19 treatment for young children. This applies to children 28 days and older, weighing at least 3 kg (about 7lbs).

Cybersecurity Updates from CISA

The Cybersecurity and Infrastructure Security Agency (CISA), in partnership with cybersecurity authorities of Australia, Canada, New Zealand, United Kingdom, the Federal Bureau of Investigation (FBI) and National Security Agency (NSA), announced a [joint Cybersecurity Advisory](#) that provides details on the top 15 Common Vulnerabilities and Exposures (CVEs) routinely exploited by malicious cyber actors in 2021, as well as other CVEs frequently exploited

The impact of cybersecurity intrusions that leverage vulnerabilities in information technology and operational technology products threaten the public sector, the private sector, and ultimately the American people's security and privacy.

This advisory provides recommended mitigations, which include applying timely patching to systems and implementing a centralized patch management system to reduce risk of compromise. Also, the cybersecurity authorities recommend prioritizing and strengthening vulnerability and configuration management, identity and access management, and positive controls and architecture. Executives, leaders, and network defenders are urged to implement recommendations to prepare for and mitigate the varied cyber exploits listed in the [Cybersecurity Advisory here](#).

In addition to reviewing this new advisory, CISA encourages critical infrastructure executives and senior leaders to review our "[Shields Up](#)" [webpage](#). Organizations should share information on incidents and unusual activity to CISA 24/7 Operations Center at report@cisa.gov or (888) 282-0870 and/or to the FBI via their local FBI field office or the FBI's 24/7 CyWatch at (855) 292-3937 or CyWatch@fbi.gov.

Supply Chain Update



Our partner, bttN, is seeing increased demand for COVID-19 testing. These trends correspond with data from the CDC noting infections are once again on the rise.

What are knock-on effects? As COVID-19 surges and patients seek treatments, there are knock-on effects. As China enforces its Zero COVID policy and cities are being shut down again, supply is being pinched here in the United States.

Other products are heavily used in the diagnosis and treatment of hospitalized patients and therefore that produce sees heavy demand. We are seeing nationwide backorders of the following products: Saline Flushes, Blood Tubes, and IV Solutions.

bttN has creative ways to access some of the supplies so please reach out to sales@bttusa.com and we will work to track down supplies.

What does bttN have for COVID-19 tests? The following COVID-19 tests are in stock:

- [Abbot BinaxNOW Covid-19 Antigen tests \(POC\)](#)
- [NIDS COVID-19 Antigen Rapid Test Kit \(POC\)](#)
- [Abbott BinaxNOW At-Home COVID-19 Test \(OTC\)](#) Available in three sizes
- [iHealth COVID-19 Antigen Rapid Tests \(OTC\)](#)
- [Flowflex COVID-19 At Home Antigen Test \(OTC\), 300/Case](#)
- [On/Go 10-minute COVID-19 Antigen Self-Test \(OTC\)](#)

bttN is working hard to continuously stock the products you want and need. If you don't see what you need, please [reach out to bttN](#) or call 206.984.8958.

A big THANK YOU to those organizations that participated in our Medical Response and Surge Exercise on May 26th and filled out the Hazard Vulnerability Analysis Survey. We hope to have the After Action Report and HVA documents to you by the end of the month.

Upcoming Trainings & Events

Plugged In: Communicating During Disasters with the Cognitively Impaired

On Thursday, May 19th at 1:30pm, join us for **Plugged In: Communicating During Disasters with the Cognitively Impaired**, presented by Carol White and Connie Storms from the Alzheimer's Association, Central and North Florida Chapter. This presentation is intended for healthcare workers, those who staff Special Needs Shelters, those working with the cognitively-impaired during disasters, and those who conduct disaster planning for the cognitively impaired community. [Register here!](#)



Emory University's Serious Communicable Diseases Project ECHO Program

Emory University's Serious Communicable Diseases Project ECHO Program is also offering a **Personal Protective Equipment & Just-in-Time Training** on Thursday, May 12th at 11am. Anyone interfacing with patients should attend this session, including EMTs, paramedics, physicians, nurses, pharmacists, hospital administrators, etc. [Register here.](#)

CISA Surveillance Detection Principles Courses (Virtual) in May

The Cybersecurity & Infrastructure Security Agency (CISA) is offering 3 sessions of AWR-940, **Surveillance Detection Principles Course (Virtual)** on [May 12th](#) from 9am-1pm, [May 18th](#) from 10am-2pm, and [May 24th](#) from 12pm-4pm. This virtual course provides the participants general knowledge of surveillance techniques, tactics, and procedures from a hostile perspective to identify vulnerabilities. It enhances the participants understanding of hostile surveillance and the IED Threat to critical infrastructure & their security professionals.



The National Academies of Sciences, Engineering and Medicine

- **What Happened to the Plans? Lessons Observed from COVID-19 and the Future of the Public Health Emergency Enterprise:** During this workshop on May 17th & 18th, invited participants from government, NGO, and private sector organizations will explore the nation's Public Health Emergency (PHE) preparedness enterprise, including existing PHE preparedness and response plans, systems, and structures, through the lens the COVID-19 response in the United States. More info and [registration to the virtual event here.](#)
- **Building Public Trust in Public Health Emergency Preparedness & Response Science** Workshop recordings from March are available [on the NASEM website.](#)

Hospital Emergency Response Team Trainings for Mass Casualty Incidents (HERT-B)

John Hopkins All Children's Hospital and the Center for Domestic Preparedness have scheduled the next virtual Hospital Emergency Response Team Training for Mass Casualty Incidents (HERT-B) for June 16th. You can [register here](#) and get [more info on the flyer here!](#)

The Coalition has some exciting Training & Exercise Opportunities coming in June!

- June 7th—**Operation Power Play:** This coalition-wide exercise will allow all types of healthcare organizations to setup their generator(s), examine their layouts for cooled space, and ensure their staff know what to do in a power loss event.
- June 8th—The **June Plugged In Series Webinar:** Join Dan Noah from the National Weather Service Tampa Bay to discuss the upcoming hurricane season!
- June 14th—We will kick off our collaborative series with the Florida Department of Health: the **Infection Prevention and Control (IPC) Development Series.** The first webinar will be on an Introduction to the role of the IPC Education Specialist.
- June 14th—**Cybersecurity Updates and Best Practices for Emergency Cyber Preparedness Webinar:** Join us for an educational webinar on today's cyber security challenges in healthcare! This will also help prepare our members & partners for a cyber-security tabletop exercise coming later in the summer!

More details and registration information for each of these events will be coming out soon! Make sure you read the weekly Training Update emails (every Monday) for the latest information.



Emergency Management Training

Here are upcoming EM trainings available for registration on [SERT TRAC](#).

- [June 6th – 8th](#) or [June 14th – 16th](#) – G300 – Intermediate Incident Command System for Expanding Incidents at the Citrus County EOC in Lecanto or the Polk County EOC in Winter Haven.
- [June 6th – 10th](#) – L950 NIMS ICS All Hazards Position Specific Incident Commander Course at the Manatee County EOC in Bradenton.
- [June 13th – 16th](#) – L962 NIMS ICS All Hazards Position Specific Planning Chief Course at the Pasco County EOC in New Port Richey
- [June 21st – 22nd](#) or [June 23rd – 24th](#) - G400 - Advanced Incident Command System Command & General Staff at the Hillsborough County EOC in Tampa or the Pasco County EOC in New Port Richey.

First Responder Resiliency TeleECHO Program

Did you know that there is a biweekly **First Responder Resiliency TeleECHO Program**? This program is aimed at increasing self-care and resiliency in crisis. This interdisciplinary team, led by a group of subject matter experts including Dr. George Everly, an internationally acknowledged disaster psychologist, and Dr. Jeff Katzman, a leading expert in trauma and resiliency, has expertise in a variety of specialties including: critical incident trauma care, psychiatry, emergency and pre-hospital medicine, law enforcement mental health, and pastoral care. These sessions are held every other Monday from 4:00 - 5:00 PM ET. The next one is May 16th. [Register here.](#)

FALA 2022 Conference & Tradeshow: Lessons of the Past, Remaining the Future

Happy 30th anniversary to the Florida Assisted Living Association! This year's conference, "Lessons of the Past, Reimagining the Future," is May 31st– June 2nd at Hyatt Regency Grand Cypress in Orlando. We hope you are ready to celebrate 30 years of industry success and are excited to learn a few tips and tricks to help set up another 30 great years in this ever-changing industry. Whether you want to meet with other professionals to discuss networking opportunities, receive updates about the latest industry trends or connect with vendors who can help you deliver better care to your residents and staff, this conference will certainly deliver! [Register here.](#)

Coalition Highlights



Please join us in congratulating Sunstar Paramedics Misty McBride and Andrew Pawlowski on being selected for the American Ambulance Association Stars of Life.

The Stars of Life program celebrates the contributions of ambulance professionals who have gone above and beyond the call of duty in service to their communities or the EMS profession. Congratulations Misty and Andrew, well deserved!



MISTY MCBRIDE

Paramedic/Education and
Training Coordinator
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Largo, FL



ANDREW PAWLOWSKI

Paramedic/FTO
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Largo, FL



Every year the Citrus County Chamber of Commerce celebrates the "pillars of our community" to recognize excellence in our community and honor those individuals, organizations and businesses that make Citrus County a wonderful place to live, work and play.

This year, Division Chief of Administration, Greg Ellis was presented with the Philip P. Royal First Responders Award, given to a first responder who exemplifies their profession and is dedicated to service of the community. Chief Ellis was selected for this award for his tireless commitment in ensuring the EMS transition was as seamless as possible. Chief Ellis worked incessantly behind the scenes organizing all the mechanisms necessary to ensure operational functionality in a 16 day time period.



COVID-19 Vaccine & Testing Sites

- ◇ Use the [Florida Vaccine Locator](#) to find a site near you. Vaccines are available at many commercial pharmacies, medical clinics, offices and all county health departments.
- ◇ [CVS Pharmacy](#), [Walgreens](#), [Publix](#), [Walmart](#), [Sam's Club](#), [Winn-Dixie](#), and [Costco](#) are offering vaccinations and/or testing at many locations throughout the region.
- ◇ **Citrus**
- ⇒ COVID-19 Vaccination is available on Fridays from 9am-12pm at the Florida Department of Health in Citrus County, 3700 Sovereign Path in Lecanto. To make an appointment, visit bitly.com/citruscovidvax.
- ⇒ Langley Health Services— To schedule an appointment for vaccine or testing, please call 352-419-5760 EXT: 4818. More information [HERE](#).
- ⇒ Additional Testing Locations can be found at [Florida Testing Locator](#).
- ◇ **Hardee**
- ⇒ Vaccine—Call the Florida Department of Health in Hardee County at 863-773-4161 for days and times for vaccination. Find other locations on [Florida Vaccine Locator](#).
- ⇒ Free COVID testing by appointment only. Please call 863-773-4161. 115 K.D. Revell Road, Wauchula, FL 33873. Tuesday– Friday
- ⇒ Testing by appointment at Prompt Care, 524 Carlton Street, Wauchula, FL. Phone number: 863-767-8333
- ◇ **Hernando**
- ⇒ Vaccine & Testing —Use [Florida Vaccine Locator](#) and [Florida Testing Locator](#).
- Get tested at the Hernando County Fairgrounds, 6436 Broad Street in Brooksville. No appointments (but you can [pre-register](#)), 7am—7pm daily.
- ◇ **Hillsborough**
- ⇒ [Hillsborough County COVID Dashboard](#)
- ⇒ Vaccine & Testing —Use [Florida Vaccine Locator](#) and [Florida Testing Locator](#).
- ◇ **Manatee**
- ⇒ Vaccines—Use [Florida Vaccine Locator](#).
- The Florida Department of Health in Manatee South is offering free vaccines at 410 6th Ave E, Bradenton, FL 34208. Appointments are available between 8 a.m. and 4 p.m. on weekdays.
- ⇒ [COVID-19 Testing Sites for Manatee County](#)
- ◇ **Pasco**
- ⇒ Vaccines—COVID-19 Vaccination appointments are available Mondays & Fridays only from 8:00 a.m. – 4pm at 13941 15th, Dade City, FL 33525. Tuesday and Thursdays at 10841 Little Rd., New Port Richey, FL 34654. [More information here](#).
- ⇒ [COVID-19 Testing Sites in Pasco County](#)
- Gulf View Square Mall in Port Richey 7 days a week from 7 am–7 pm. No appointments, but you can [pre-register](#).
- ◇ **Pinellas**
- ⇒ [COVID-19 Vaccination Sites in Pinellas](#) & [COVID-19 Testing Locations in Pinellas County](#)
- ◇ **Polk**
- ⇒ [COVID-19 Vaccination Sites in Polk County](#)- 11 a.m. to 5 p.m. at the following locations:
- Mondays - Lakeland Health Department, 3241 Lakeland Hills Blvd. in Lakeland;
 - Tuesdays & Thursdays - Specialty Care Clinic, 1255 Brice Blvd., Bartow, FL, 33830
 - Wednesdays - Auburndale Testing location, 245 E. Lake Ave. in Auburndale;
 - Fridays - Haines City Health Department, 1700 Baker Ave. E. in Haines City.
 - Polk residents can also call 863-519-7911 to have a homebound vaccine scheduled.
- ⇒ [COVID-19 Testing Sites in Polk County](#)
- Auburndale Testing Center - 321 Ramsgate Road, Auburndale, FL 33823. Monday – Thursday: 8:00 a.m. – 4:00 p.m. & Friday: 8:00 a.m. – 3:30 p.m.
- ◇ **Sumter**
- ⇒ Vaccine & Testing —Use [Florida Vaccine Locator](#) and [Florida Testing Locator](#).

